



Tel: (619) 647 9676

910 J ST., SAN DIEGO, CA 91910

www.cafedeloopera.com

CLASSIC SANDWICHES & TRIPLE DECKERS

SERVED WITH HOUSE SALAD, KALE CAESAR OR CHIPS.

TURKEY GRUYERE & AVOCADO On toasted ciabatta, spinach, tomato, pepperoncinis, mustard aioli, Opera dressing	8.75
AVOCADO BLT on toasted focaccia, spinach, tomato, herb & mustard aioli, Opera dressing	8.25
CLUB: turkey, black forest ham, bacon, cheddar , spinach, tomato, mustard aioli, house dressing On toasted Ciabatta	8.95
SMOKED TURKEY TRIPLE DECKER avocado, cheddar, bacon, lettuce, tomato, mustard aioli, Opera dressing on sourdough	8.95
ANTIBIOTIC FREE CHICKEN BREAST TRIPLE DECKER cheddar, bacon, herb & mustard aioli, lettuce, tomato, on sourdough	8.95

WRAPS

SERVED WITH HOUSE SALAD, KALE CAESAR OR CHIPS.

CHICKEN CAESAR Antibiotic free chicken breast, shaved parmesan, mixed greens & Caesar dressing on pita	7.75
GYROS tomatoes, red onions, cucumbers, feta cheese, mixed greens, Tzatziki on pita	7.75
CHICKEN BACON RANCH Antibiotic free chicken breast, smoked bacon, mixed greens, ranch dressing on pita	7.75

SOUPS & COMBINATIONS

HOMEMADE SOUPS W/ ORGANIC TOMATOES & NATURAL INGREDIENTS.

SOUP*: CUP 8oz. 3.5 BOWL 12oz. 4.5 LENTIL (V) TOMATO BISQUE TURKEY CHILI CHICKEN VEGETABLE

COMBINATIONS:

SM. SOUP & TARTINE	9.25	SM. SOUP & KALE CAESAR	7.5
HALF CHICKEN PESTO PANINI & SM. SOUP	8	QUICHE & SM. SOUP	8
SM. SOUP + SIDE SALAD & PETITE SANDWICH	10	*DAILY SOUP SELECTION VARIES	

GOURMET SALADS

CHICKEN CAESAR & AVOCADO <i>antibiotic free chicken breast</i> , tomatoes, shaved parmesan, red onions, pepperoncinis, over mixed greens with croutons	8.95
ORGANIC QUINOA & Roasted vegetables.zucchini-red peppers, artichokes, feta, spinach, kale & balsamic (add chicken 1.50)	8.25
ANTIBIOTIC FREE CHICKEN NAPA almonds, feta, apples, raisins, cucumbers, tomatoes, greens. Opera & Balsamic	8.95
PROSCIUTTO & AVOCADO GRAPEFRUIT walnuts, red onions, kale, spinach, French Vinaigrette	8.95
TUNA NICOISE Albacore Tuna, hardboiled egg, potatoes, tomatoes, brussel sprouts, capers, olives, greens, w/ Dijon vinaigrette	9.5
FARRO roasted brussel sprout & red peppers, beets, mushrooms, chevre, figs, kale & balsamic	8.75
BUILD YOUR OWN SALAD (see list for options)	8.25

ORGANIC COFFEES & TEAS

	S 12OZ	DB 16OZ	ICED 20OZ		
ORGANIC HOUSE COFFEE	2	2.5	2.5	ORGANIC LOOSE LEAF TEA (HOT OR ICED)	2.5
HAMMERHEAD	2.75	3.5	3.5	PASSION FRUIT ICED TEA	2.5
ORGANIC ESPRESSO	2.5	3.25	3.25	PASSION FRUIT ICED TEA-LEMONADE	3
ORGANIC LATTE	3.25	3.85	3.85	MORROCAN- MINT ICED TEA	3
CAPPUCCINO	3.25			PASSION FRUIT ICED TEA W/CHIA SEEDS	3
AMERICANO	2.6	3.35	3.45	ORANGE JUICE	3
CARAMEL MACHIATTO	3.55	4	4.25	<u>SMOOTHIES:</u>	5.25
MACCHIATO	2.75	3.55		STRAWBERRY- BANANA-OJ	
DARK MOCHA / WHITE MOCHA	3.65	4	4.25	MANGO-BANANA-OJ	
CHAI LATTE	3.25	3.85	3.95	STRAWBERRY-BLUEBERRY- BANANA-OJ	
DIRTY CHAI LATTE	3.85	4.25	4.5	ALMOND BERRY	
FLAT WHITE	3.85			MATCHA GREEN TEA, BANANA, COCONUT MILK	6
ICED VIETNAMESE			4	CHOCOLATE, BANANA, ESPRESSO, ALMOND MILK	6
ORGANIC SOY, ALMOND OR COCONUT MILK	.50		FLAVORED SYRUPS .50		



Tel: (619) 647 9676

910 J STREET SAN DIEGO CA 92101

www.cafedelopera.com

HOMEBAKED PASTRIES & CROISSANTS

BAKED ON PREMISES THROUGH OUT THE DAY

BUTTER CROISSANT	3.25	ASSORTED MACARONS	1.75
ALMOND CROISSANT	3.5	COOKIES	1.75
CHOCOLATE-ALMOND CROISSANT	3.75	MUFFINS	2.50
PAIN AU CHOCOLATE	3.25	SCONES, BROWNIES, CARROT CAKE	2.50

BREAKFAST

ALL BREAKFAST SANDWICHED ARE MADE TO ORDER

SCRAMBLE FARM EGGS (from vegetarian fed hens)
on house baked Ciabatta, fresh tomato and your choice of:

1. TWO EGGS, LAMB SAUSAGE, BACON & CHEDDAR 6.5
2. TWO EGGS, TURKEY PASTRAMI & ghost pepper cheese 6.5
3. TWO EGGS, SPINACH & CHEDDAR 5
4. TWO EGGS, SPINACH, FETA CHEESE & FRESH BASIL 5.5
5. TWO EGGS, HAM, CHEDDAR & BACON 6.5
6. TWO EGGS, AVOCADO & CHEDDAR 5.5

On fresh baked croissant additional .85 Gluten-Free bread .75

- CRÈME BRULE FRENCH TOAST w/ strawberries & Chantilly 7.5
- BRIE & NUTELLA fresh basil on sourdough (add **bacon** 1.5) 5
- HAM & MELTED CHEDDAR CROISSANT tomato, mustard aioli 6.25
- BAGEL W/ CREAM cheese (Add bacon or avocado 1.5) 3
- QUICHE w/ side salad or fruit 6.95
- CROQUE MONSIEUR Ham, béchamel & melted Gruyere 6.95
- CROQUE MADAME (Croque Monsieur w fried egg on top) 7.95
- FRESH MOZZARELLA & FIG JAM PANINI on sourdough 5.5

CROISSANT SANDWICHES

SERVED WITH KALE CAESAR, HOUSE SALAD OR CHIPS.

- SMOKED TURKEY BREAST, BACON, AVOCADO spinach, tomato, mustard aioli, opera dressing 8.75
- CURRIED CHICKEN SALAD CROISSANT (made w/ antibiotic free chicken breast) mustard aioli, spinach 8.5
- BLACK FOREST HAM & GRUYERE Dijon, spinach, tomato 8

PANINIS

SERVED WITH KALE CAESAR, HOUSE SALAD OR CHIPS.

- CHICKEN JALAPENO *antibiotic free* chicken breast, cheddar, provolone, jalapenos, red onions, tomato, herb aioli on focaccia 8.75
- PROSCIUTTO CIABATTA *fresh mozzarella*, tomato, fresh basil, pesto aioli 8.75
- CHICKEN CIABATTA *antibiotic free* chicken breast, roasted red peppers, mushrooms, provolone cheese, pesto aioli 8.75
- CHICKEN PESTO *antibiotic free* chicken breast, tomato, provolone cheese, pesto aioli on focaccia 8.75
- PARIS HAM *Gruyere, Mozzarella*, tomato, spinach, Dijon mustard on ciabatta 8.25
- ROASTED VEGGIE CIABATTA *harissa hummus*, zucchini, red peppers, tomatoes, feta, mushrooms, pesto aioli 8.25
- CAPRESE FOCACCIA *fresh mozzarella*, tomatoes, fresh basil, pesto aioli on focaccia (add *antibiotic free* chicken breast 1.5) 8

TARTINES (OPEN FACE SANDWICHES)

SERVED WITH KALE CAESAR, HOUSE SALAD OR CHIPS.

- TUNA MELT albacore tuna salad topped with tomato, Fuji apples, cheddar, mustard aioli 8.5
- HARISSA HUMMUS & AVOCADO tomato, cucumber 7.5
- SMOKED TURKEY *bacon, cheddar, mozzarella*, mustard aioli 8.5
- CHICKEN & GOAT CHEESE *antibiotic free* chicken breast, tomatoes, goat cheese, mozzarella, fresh basil, pesto 8.5

Get it delivered by: www.postmates.com

Face book: Café de L'Opera San Diego

YELP